2019 Junior Competition

Summer Session Session I- May 28th - July 7th

Session II - July 8th - August 18th



Both sessions will be six weeks long

*Days with less than 3 players signed up will be combined with other offered days. *We wont have class on May 27th and July 4th so players are welcome to contact Danny regarding makeup class.

Stealth:

The Stealth Tennis Clinic is designed to get players competing utilizing the full 78' court and yellow ball. There will be a focus on athletic, technical, tactical and strategic skills in a competitive environment. Designed for the social player who wants to have fun and improve along the way.

Mondays and Wednesdays

4:00 - 5:30pm

Challengers:

Our Challenger Program is designed for the player that wants to make solid competitive strides in high school, middle school or district level tournaments. It will have an emphasis on situational and competition skills putting athletic, technical and strategic skills into proper context. Conditioning will is built into the clinic time.

Mondays, Wednesdays and Fridays

3:30 - 5:30pm

<u>ATP (Advanced Tournament Players) – High Performance Training!</u>

ATP is designed for the Tournament Player. This class will focus on performance and overcoming competitive obstacles. This tennis training class will also include a 30 minute sports performance training course (SMAC Training, see below)

Mondays, Tuesdays, Wednesdays & Thursdays 1:00 – 3:30pm

SMAC Training (Strength, Mobility, Agility, and Conditioning) – Mon, Wed and Thurs

Developing off court strength and conditioning is vital to a long and successful athletic career for any sport. This summer at Genesis we are going to incorporate more off court training for the betterment of our junior tennis athletes. SMAC training will be performed before or after on court training 3 days per week. These 30 minute sessions will consist of strength, conditioning, mobility, and agility training geared specifically toward the physical demands of tennis to both increase performance and prevent injury. These sessions will be led by Genesis Master Personal Trainer and tennis player Anna Simoneau with input from Danny Williams to ensure the specific training necessary for players to compete at their highest level possible.

Match Play

This summer, we will be creating a Competition ladder for our Junior Competition players and players outside of our programs who may want to get in more match play. Rules and information will be available in early May. We will also be looking to create a new Junior Team Tennis program this summer. Please contact Danny Williams, Head Tennis Professional and Director of Competitive Tennis at dwilliams@genesishealthclubs.com for more information.

2019 Junior Competition



Summer Session I and II (6 weeks)

FEES – Please check applicable – Payments may be made in two installments (week 1 and week 4 of the session)

□ Stealth			
□ Monday	\$144 Members (\$174 Non-Members)		
□ Friday	\$144 Members (\$174 Non-Members)		
□ Monday & Friday	\$260 Members (\$320 Non-Members)		
□ Futures			
□ Monday	\$144 Members (\$174 Non-Members)		
□ Wednesday	\$144 Members (\$174 Non-Members)		
□ Monday & Wednesday	\$260 Members (\$320 Non-Members)		
□ Challengers	,		
□ Monday	\$192 Members (\$222 Non-Members)		
□ Wednesday	\$192 Members (\$222 Non-Members)		
□ Friday	\$192Members (\$222 Non-Members)		
□ 2 Days ()	\$350 Members (\$410 Non-Members)		
□ 3 Days	\$460 Members (\$550 Non-Members)		
□ ATP	4		
□ Monday	\$216 Members (\$246 Non-Members)		
□ Tuesday	\$216 Members (\$246 Non-Members)		
□ Wednesday	\$216 Members (\$246 Non-Members)		
☐ Thursday	\$216 Members (\$246 Non-Members)		
□ 2 Days ()	\$392 Members (\$452 Non-Members)		
□ 3 Days	\$520 Members (\$600 Non-Members)		
□ 4 Days	\$620 Members (\$720 Non-Members)		
Full payment must accompany in Enclosed class fee(s) \$			to Genesis Health Clubs)
Birthday			
Parent's Name			
Parent's Email			
Address		City	State
ZipHome Phone		_ ,	
Daytime Phone			
Payment, enrollment, refund and make-up poli			
 Full payment must be included with the charged a pro-rated fee for the remaind There is a minimum and maximum enro Make-up arrangements must be made v session in which they are missed; they remaind the session in the	registration form before student's first class. er of the session. illment for each class. with Danny Williams and are available with n may not carry over to the next session. ID rennis at Genesis Health Club at Topeka So	notice of student's absence	e. Make-ups must be done in the
Parent's Signature Date			